

Dr Christine Taljaard



Christine Taljaard is a registered dietitian and currently a post-doctoral fellow at the Centre of Excellence for Nutrition at the North-West University, Potchefstroom Campus. She holds a PhD in Nutrition with her research area being Public Health Nutrition. She is the general manager of the African Nutrition Leadership Programme and the Editor and founding member of The Leader – the official newsletter of the African Nutrition Leadership Programme

which is published quarterly.

Her research career started with clinical trials investigating the effect of a multi-micronutrient fortified beverage on cognitive growth in primary school children. Since 2014 she has been actively involved in the South African Breast Cancer study. This population based case-control study of breast cancer aims to clarify the role of body size, diet and physical activity in the African female population. In 2016 she was invited as part of the prestigious “50 for 50 initiative” where the International Agency for Research on Cancer (IARC) identified 50 future cancer research leaders from low-and middle income countries to attend a specialised workshop entitled Fostering Leadership in Cancer Research.